

Department of Internal Medicine

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Medical Grand Rounds

Spring 2016

Thursdays, 12:00 PM

[Sanger Hall, Room 1-044](#)

[January](#) | [February](#) | [March](#) | [April](#) | [May](#) | [June](#)

January

Jan 14

[Clinicopathologic Conference \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

Benjamin D. Chopski, DO

Assistant Professor of Medicine

Division of General Internal Medicine

VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

To recognize etiologies and diagnosis from the clinicopathologic case presented

To observe an experienced clinician's diagnostic reasoning process

Jan 21

[Updates in Musculoskeletal Infections \(podcast link\)](#)

[Sponsored by the Division of Infectious Diseases]

Julie E. Reznicek, DO

Assistant Professor of Medicine

Division of Infectious Diseases

VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

Contrast synovial fluid cell counts in a prosthetic joint infection and native septic arthritis

Determine when antibiotics need to be started emergently in a suspected case of vertebral discitis / osteomyelitis

List the various surgical options for a prosthetic joint infection

Jan 28

[Lung Cancer Screening Update: Pros, Cons, and Understanding the CMS Requirements \(podcast link\)](#)

[Sponsored by the Division of Pulmonary Disease and Critical Care Medicine]

Mark S. Parker, MD, FACR
Professor, Diagnostic Radiology and Internal Medicine
Director, Thoracic Imaging Division
Director, Thoracic Imaging Fellowship Program
Director, Lung Cancer Screening Program VCU Medical Center

Following this Grand Rounds presentation, participants will be able to:

Understand the false positive, false negative and overdiagnosis rates of lung cancer screening

Become cognizant of the radiation doses associated with LCS CT

Be enlightened by the relative cost effectiveness of LCS relative to that of other screening tests already commonly performed

Know the requirements mandated by CMS to appropriately order and or receive reimbursement for LCS

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February

Feb 4

[JNC-8 vs. SPRINT: What Should be the BP Target? \(podcast link\)](#)

[Sponsored by the Division of Nephrology]

Jackson Wright, MD, PhD
Program Director, William T. Dahms Clinical Research Unit
UH Case Medical Center
Director, Clinical Hypertension Program
UH Case Medical Center, Professor of Medicine
CWRU School of Medicine

Following this Grand Rounds presentation, participants will be able to:

Understand the evidence supporting recommendations in place on blood pressure control prior the Systolic Blood Pressure Intervention Trial (SPRINT)

Understand the objectives of the SPRINT

Become familiar with the major findings of the trial

Become familiar with the implications of the SPRINT findings on the management of hypertensive patients, particularly older hypertensive patients

Feb 11

[Peripheral Arterial Disease: Awareness and Current Treatment Options \(podcast link\)](#)

[Sponsored by the Division of Cardiology]

Luis A. Guzman, MD, FACC, FSCAI
Professor of Medicine
Medical Director, Division of Cardiology
VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

- Understand PAD epidemiology and gain an awareness of the growing epidemic
- Recognize risk factors and clinical manifestation of PAD presentation
- Review novel, less invasive treatment modalities

Feb 18

[Social Network Analysis: Applications for Patient Care \(podcast link\)](#)

[Sponsored by the Division of General Internal Medicine]

Dr. Shin-Ping Tu
Chair of the Division of General Internal Medicine
Professor of Medicine
VCU Department of Internal Medicine

Dr. Xi Zhu
Assistant Professor
Department of Health Management and Policy
The University of Iowa

Dr. Nengliang (Aaron) Yao
Assistant Professor
Department of Public Health Sciences
University of Virginia School of Medicine

Dr. Vimal Mishra
Assistant Professor of Internal Medicine
Division of General Internal Medicine
VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

- Understand applicability of Social Network Analysis to patient care
- Aware of the incorporation of network meta-analysis to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA)

Learn concepts of Social Networks Analysis

Aware of the applications of Social Network Analysis for improving team-based patient care

Feb 25

[Clinicopathologic Conference \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

Adam M. Garber, MD

Assistant Professor of Medicine

Director of the Medicine Acting Internship

Academic Hospitalist, Division of General Internal Medicine

VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

To recognize etiologies and diagnosis from the clinicopathologic case presented

To observe an experienced clinician's diagnostic reasoning process

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March

Mar 3

[Perturbations of immune homeostasis in Inflammatory Bowel Disease \(podcast not available\)](#)

[Sponsored by the VCU Chapter of the American Physician Scientists Association (APSA)]

Clara Abraham, MD

Associate Professor of Medicine

Human and Translational Immunology Program

Yale Digestive Diseases Yale-New Haven Hospital

Learning Objectives to be announced.

Mar 10

[Advances in Cardiac Imaging \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

John D. Grizzard, MD

Associate Professor of Medicine

Radiology Director, Noninvasive Cardiovascular Imaging

VCU Department of Radiology

Following this Grand Rounds presentation, participants will be able to:

Understand the value of coronary artery calcium scoring in current risk stratification methodology

Know the relative usefulness of coronary CTA in the workup of patients with chest pain

Understand the relative sensitivity of cardiac MR and SPECT imaging for the detection of myocardial ischemia and infarction

Know the utility of cardiac MR for the diagnosis of cardiac sarcoidosis and viral myocarditis

Recognize that MR is more than twice as sensitive as echocardiography in the detection of intraventricular thrombus

Mar 17 [Non-Invasive Assessment of Liver Fibrosis & Function \(podcast link\)](#)
[Sponsored by the Division of Gastroenterology, Hepatology and Nutrition]

Richard T. Stravitz, MD
Professor of Medicine
Division of Gastroenterology, Hepatology, & Nutrition
VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

- Recognize simple clinical clues of cirrhosis
- Understand limitations of liver biopsy to determine the extent of hepatic fibrosis
- Appreciate new, non biopsy methods of assessing hepatic fibrosis

Mar 24 [Annual Galen Wampler Lecture: Clinical Conundrums in Ovarian Cancer Management \(podcast link\)](#)
[Sponsored by the Division of Hematology, Oncology, and Palliative Care]

William P. McGuire III, MD
Professor of Medicine
Director, Phase I Solid Tumor Program
Division of Hematology, Oncology, & Palliative Care
VCU Department of Medicine

Following this Grand Rounds presentation, participants will be able to:

- Learn why screening for ovarian cancer remains a problem
- Understand which patients can be cured with surgery alone
- Learn the current chemotherapeutic management of ovarian cancer
- Evaluate the major questions that remain to be answered about best management

Mar 31 [Annual Blackard Lecture: Testosterone Replacement in Older Men \(podcast link\)](#)
[Sponsored by the Division of Endocrinology and Metabolism]

Dr. Jean-Marc Kaufman
Ghent University Hospital in Belgium

Following this Grand Rounds presentation, participants will be able to:

Understand the changes in testosterone levels observed in elderly men, the underlying pathophysiological mechanisms, and major determinants of these changes.

Gain insight in the possible clinical consequences of low serum testosterone in elderly men, including making the distinction between established and more hypothetical or questionable relations between hormonal and clinical changes, and into the major gaps in our understanding of the clinical consequences.

Understand the basic requirements for—and practical approach to establishing clinically valid testosterone levels in the elderly, including the potential added information and possible indications for estimates of serum free testosterone.

Understand the large differences in estimated prevalence of 'late onset hypogonadism' depending on whether more liberal or stringent criteria are applied, and that diagnosis should always be based on combined biochemical and clinical criteria.

Gain insight into arguments pro and con the initiation of testosterone treatment, including the implications of the lack of large size and long duration randomized trials.

Gain insight into who might most likely benefit from treatment, what are the possible complications and who might be most at risk for adverse effects of testosterone treatment, as well as be reminded of the possible alternatives for testosterone treatment.

Gain insight into specific (practical) aspects of the implementation of testosterone treatment in elderly men.

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April

Apr 7

[Cardio Oncology: A 21st Century Subspecialty of Cardiovascular Disease Based on Pathophysiology and Horizontal Thinking \(podcast link\)](#)

[Sponsored by the Division of Cardiology]

Michael L. Hess, MD
Professor of Medicine
Division of Cardiology
VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

To define cardio Oncology as a discipline

To define the needs at academic medical centers

To demonstrate that the chemotherapy and radiation therapy of carcinoma are associated with significant cardiovascular morbidity and mortality

To demonstrate the need for a basic knowledge of cardiovascular pathophysiology with applied horizontal thinking.

Apr 14

[IM Chief Resident Presentations: Charting Our Way to Safer Waters \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

Dr. Joanna Chin, Dr. Pete Meliagros, Dr. Becky Miller, Dr. Evan Ritter, & Dr. Casey Wehunt

Internal Medicine Chief Residents

VCU Internal Medicine Residency Program

Following this Grand Rounds presentation, participants will be able to:

Understand DOIM resident innovations in quality and safety in the 2015-2016 academic year

Gain insight into resident perception of these innovations

Be aware of future directions of the DOIM training program

Apr 21

[Molecular Subtypes of Gastrointestinal Stromal Tumors \(podcast link\)](#)

[Sponsored by the Division of Hematology, Oncology, and Palliative Care]

Sosipatros A. Boikos, MD

Assistant Professor Internal Medicine

Research program member: Developmental Therapeutics

Division of Hematology, Oncology and Palliative Care

VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will be able to:

Review classification of Gastrointestinal Stromal Tumors

Understand treatment approach in Gastrointestinal Stromal Tumors

Apr 28

[Pharmacy Pearls for Practical Prescribing: Geriatrics Edition \(podcast link\)](#)

[Sponsored by the Division of Geriatric Medicine]

Ericka [Breden] Crouse, PharmD, BCPP, CGP, FASCP, FASHP

Clinical Specialist, Psychiatry

Clinical Associate Professor of Pharmacy and Psychiatry

VCU School of Pharmacy

Stacey Dean, PharmD, BCPS

Primary Site Preceptor, VCUHS Anticoagulation Clinic

Clinical Pharmacist Inpatient Pharmacy

VCU School of Pharmacy

Emily P. Peron, PharmD, MS, BCPS, FASCP

Assistant Professor

Department of Pharmacotherapy & Outcomes Science
VCU School of Pharmacy

Following this Grand Rounds presentation, participants will be able to:

Locate the 2015 American Geriatrics Society Beers Criteria online

Recognize new medications used primarily in older adults or geriatric syndromes

Evaluate reasons for recent FDA-approved dose changes for zolpidem and citalopram

Compare and contrast use of novel oral anticoagulants in older adults

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May

May 5 [Primary Hyperaldosteronism: Diagnosis and Management of Adrenal Tumors and Incidentalomas \(podcast link\)](#)

[Sponsored by the Division of Endocrinology and Metabolism]

Smita B. Abraham, MD
Medical Officer
Food and Drug Administration

Following this Grand Rounds presentation, participants will be able to:

To discuss the physiology of primary hyperaldosteronism

To discuss the controversies in diagnosis

To discuss the implications of aldosterone excess

May 12 [Clinicopathologic Conference \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

Rebecca L. Potfay, MD
Assistant Clinical Professor
General Medicine and Primary Care

Following this Grand Rounds presentation, participants will understand:

To recognize etiologies and diagnosis from the clinicopathologic case presented

To observe an experienced clinician's diagnostic reasoning process

May 19 [Shaia Lecture: Moving the patient safety needle forward one procedure at a time: A simulation-based curriculum with patient outcome metrics \(podcast link\)](#)

[Sponsored by the Office of Educational Affairs]

Joshua D. Lenchus, D.O., R.Ph.
President of the Medical Staff at Jackson Health System
Associate Professor of Clinical Medicine
Division of Hospital Medicine at the Miller School of Medicine
Associate Program Director, Jackson Memorial Hospital Internal Medicine
Residency Training Program
Associate Director, UM-JMH Center for Patient Safety

Following this Grand Rounds presentation, participants will be able to:

- Explain a novel method of simulation-based procedural instruction
- Compare and contrast this newer method with the historical one of procedural training
- Assess the impacts of the procedure service on patient outcomes

May 26

[Annual Thomas Lecture - The Allergy Epidemics \(podcast link\)](#)

[Sponsored by the Division of Rheumatology, Allergy and Immunology]

Thomas AE Platts-Mills, MD, PhD, FRS
Chair, Division of Asthma Allergy and Immunology
University of Virginia Medical Park

Learning Objectives to be announced.

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June

June 2

[Significance of Respiratory Viruses in Transplant Recipients: Not Just a Cold \(podcast link\)](#)

[Sponsored by the Division of Infectious Diseases]

Oveimar A. De La Cruz, MD
Assistant Professor
Transplant Infectious Diseases Director
Division of Infectious Diseases
VCU Department of Internal Medicine

Following this Grand Rounds presentation, participants will understand:

- To appreciate the clinical significance of viral respiratory infections in transplant recipients, including other infectious complications and allograft outcome.
- To review most relevant respiratory viruses in transplantation.

To recognize which patients may need to be treated when having a respiratory viral infection.

To discuss available treatment options.

June 9

[Internal Medicine Awards & Recognition Ceremony](#)

[Sponsored by the Division of General Internal Medicine/Dr. Call]

Dr. Stephanie Call
Associate Chair for Education
Program Director for the Internal Medicine Residency
Professor of Medicine
Division of General Internal Medicine
VCU Department of Internal Medicine

Please note time and location:

5:00 PM in the KMSB Auditorium

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Virginia Commonwealth University
VCU School of Medicine
Department of Internal Medicine
Contacts
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Cardiology
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Infectious Diseases
Nephrology
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