

# Community Resource Guide

## Harrisonburg Rockingham Social Services District

110 North Mason Street P.O. Box 809 Harrisonburg, VA 22803 10/2017

540-574-5100 (Main Number) 540-574-5110 (Benefit Programs) 540-574-5120 (Services) 540-574-5104 (CPS/APS)

To update information, please email [Melanie.Shaver-Kinder@dss.virginia.gov](mailto:Melanie.Shaver-Kinder@dss.virginia.gov)

### Public Meals – Soup Kitchens

**Monday: Our Community Place** 17 E. Johnson; Mon. and Wed. lunch served from 12:00-12:30, Thurs. dinner served from 5:00-6:00, Tues. 12:30 lunch served to anyone who participates in volunteer work day - must sign in by 10am, Office: 442-7727, Community Center: 638-0329

**Otterbein Methodist Church** Corner of W. Market and High Street; meal served 4:30-5:00 p.m. 434-7747  
Asbury offers bagged lunches in the office from 9am-4pm (Mon-Thurs)

**Tuesday: First Presbyterian Church** Court Square; meal served at 4:30p.m. 434-6551. Asbury also offers **showers** and **no-cost laundry** from 11-4pm.

**Wednesday: Blessed Sacrament** 154 N. Main St; meal served at 4:30 p.m. 434-4341

**Thursday: Friendship House at Blessed Sacrament** 154 N. Main St; meal served at 11:00 a.m. 434-4341.

**Friday: Asbury United Methodist:** Meal served at 11:30 a.m. Asbury hosts the meals each Friday with a hot meal the last Friday of the month (11:30am-12:30pm room 100 Dorreem). Also every Friday from 10-2pm Asbury's **Showers** and **no-cost laundry** is also available during those hours.

**Saturday: Harrisonburg Baptist Church** Main and Liberty Street: hot meal served along with a bag of food to take home from 11:00am to 12 Noon

**Food Food Stamp Program** Department of Social Services, 110 N Mason St, Mon.-Fri. 8:00-4:30, 574-5100

### Food Pantries:

**Patchwork Pantry** Community Mennonite Church, 70 South High St, Wed. 7:00-8:00 p.m., 433-2148

**Blessed Sacrament Catholic Church** Pantry on corner of E Wolfe St. & N Main St, Tues. - Fri. 9:00 a.m.-2:30 p.m., 434-4341

**Emmanuel Episcopal** Corner of MLK Jr. Way and Main St. Monday and Tuesday 10:00 – Noon 434-2357

**Salvation Army** 185 Ashby Ave. Monday, Tuesday, Thursday, Friday 9:00 a.m. – 11:30am, or call 434-4854

**Massanutten Presbyterian** 50 Indian Trail, Penn Laird, 434-6194, 2nd Monday 10:00-11:00am, 4th Thursday 7:00-8:00 p.m.

**Broadway Presbyterian** (for those in N. Rockingham) 107 E. Lee Street, 5:30-7:00pm, 1st & 3rd Thurs., 896-3903

**Bridgewater Inter-Church Food Pantry** 420 College View Drive, Bridgewater, 1st & 3rd Tuesday at 7:00 p.m. Serves those who live within a 5 mile radius of Bridgewater.

**Elkton Area United Services (EAUS) –Elkton Area** 412 Gibbons Ave, Elkton, every Tuesday and 3rd Friday of the month 10:00 a.m.-2:00 p.m. 298-8685

**Hope Distributed (Harrisonburg First Church of the Nazarene)** 1871 Boyers Rd. Th. 4:00-5:30, 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Sat. 9-11, 578-3510

**West Rockingham Food Pantry-** 4222 Mt. Clinton Pike at Cooks Creek Presbyterian Church. Serves West Rockingham area. Open 4<sup>th</sup> Thursday of each month from 4:00-6:00 p.m. Call 867-5109 with questions.

### Temporary Shelter

**First Step** 129 Franklin Street, 16-bed emergency shelter for victims of domestic violence and their children; if space is available, there are beds for the homeless as well. Phone: 434-0295 or 1-866-223-9169 website : [firststepva.com](http://firststepva.com)

**Mercy House** 305 North High Street, P.O. Box 1478, Harrisonburg, Va. 22803, Provides shelter, along with other services, for families in need. Phone: 540-432-1812. Apartments at 307 North Liberty Street, Thrift Store at 1005 South High Street 433-3272

**The Salvation Army** 895 Jefferson St., 72 person emergency shelter; registration at 4:30 pm daily. Shelter: (540) 433-2785; Corps offices: 185 Ashby Ave. (540)434-4854; Hours: Mon-Fri 8:30AM-4:30PM (closed 12-1:00PM).

**Open Doors** An emergency shelter during the cold weather months (Nov – April) for homeless persons who have no other option. Various sites through local faith communities will provide meal and warm place to sleep for anyone over the age of 18. Office: M-F, 9am-5pm: 540-578-3868. Shelter: every day during shelter season, 6:30pm-7am: 540-578-3869.

**Valley Mission** - 1513 W. Beverly St., Staunton, VA 540-886-4673

### Mental Health

**Center for Marriage and Family Counseling:** 96 Campbell St., 433-1546, Insurance or income based individual, couples, or family counseling, anger management and substance abuse groups, and supervised visitation. May be contacted via email at: [office@cmfc.org](mailto:office@cmfc.org)

**H/R Community Services Board:** 1241N. Main St. 434-1941 (emergency 434-1766), array of behavioral health and developmental services including emergency services 24/7

**McNulty Center for Children & Family** 463 E. Washington St. 433-3100

**Commonwealth Center for Children:** 1355 Richmond Ave, Staunton 24401, 332-2100 Mon-Fri 8:00am -5:00pm, 24 hour services, ages 4-17 children with mental illness.

**Family Life Resource Center:** 273 Newman Ave. 434-8450, 8am-5pm, Individual & family counseling.

**RMH Behavioral Health:** 644 University Blvd. 564-7007 (psychiatry services/medication management), 564-5960 (individual counseling, group therapy, and partial hospitalization program)

**Summit House:** 1888 Pear St. 434-1816, Mon.-Wed 8:00am-3:00pm, Thurs. 8-7:30pm, Fri. 8-2pm, Sat. 9-3pm Rehab program for long term mental illness.

**Western State Hospital:** 1301 Richmond Rd. Staunton, (540)332-8000, Dept of Mental Health Psychiatric care.

**NAMI-** 1888 Pear St. Summit House, 434-8761, Meets 1<sup>st</sup> Tuesday of month at 7:00 p.m. Families helping families cope with mental illness. Friends and family meeting held 2<sup>nd</sup> Thursday at 7:30 pm at Muhlenburg Lutheran Church Basement, Room 108

**Suicide Hotline** 1-800-784-2433

### Substance Abuse Treatment

**Toll Free** 1-800-559-9503 **24 hrs. Addiction Helpline** 1-877-4 DRUG-ABUSE

**H/R Community Services Board:** 1241N. Main St. 434-1941 (emergency 434-1766)

**LIFE Recovery Program:** 644 University BLVD. 564-5960 Group meetings offered

**Alcoholics Anonymous:** 12 step Inter group and contacts, 434-8870

**Blue Ridge Narcotics Anonymous:** Statewide helpline 1-800-777-1515

**Spanish Speakers AA:** Grupo Vida Nueva: Grupo de Superacion y Recuperacion Personal, Si sufres de drogadiccion, alcoholism neurosis, miendo, aussiedad, ira, celos, depression, soledad; hay una soleccion! Martes a Viernes 7:30 a 9:30, Sabados 6:00; 188 Charles St.. H'burg 22802

### Health

**Rockingham Memorial Hospital:** Emergency medical care and a social work department for financial assistance (540) 689-1000

**RMH Health Source:** For questions and answers about health care providers and local health services. (540) 564-7200

**Hand In Hand RMH Atrium:** Mentor program for pregnant teens, 2010 Health Campus Drive, 433-4340

**AVA Care of Harrisonburg:** Free pregnancy testing and confirmation. 833 MLK Jr. Way, (540)434-7528, www.avacareforyou.org

**Harrisonburg-Rockingham Free Clinic:** Free medical services/Dental extractions for uninsured, 25 W. Water St. 433-5431

**Valley AIDS Network:** Services for people living with HIV/AIDS. Call (540)-568-8838 or visit www.valleyaidsnetwork.org

**Rockingham-Harrisonburg Health Department:** provides STD and HIV/AIDS screening, family planning/birth control, immunization, and WIC. 110 N. Mason St. 574-5100

**Harrisonburg Community Health Center:** Provides primary health care needs and dental services for all children and families, insured and uninsured; accepts Medicare and Medicaid; sliding scale fee based on income, onsite interpreter services; 1380 Little Sorrell Dr. & Port Republic Rd.; City Bus Rt #6 Stop #50. Primary Care: 433-4913, Dental Services: 236-3688.

**Community Health Interpreter Service:** Interpreter services in many languages for medical appointments.

Call (540) 568-3011 to request an interpreter and get more information.

**Harrisonburg Veterans Outpatient Primary Care Clinic:** 1755 S. High Street (540)282-6035

**Suitcase Clinic:** Medical care for the homeless at various times/locations around H'burg. Call Nurse Terri at 540-908-1789 for info.

### Clothing and Furniture

**Trinity Clothes Closet:** FREE CLOTHING - 725 S. High St, 434-9556. Wed 6:30-7:30; 1st Sat 10-11am

**Mercy House Thrift Store:** 1005 High St, 433-3272. M-F 9-5:30, Sat 9-5.

**Mercy House Boutique:** 563 University Blvd. Suite 104 Monday-Saturday 10-6pm

**Salvation Army Thrift Stores:** 245 E. Washington St., 433-8770; Hours: Mon-Sat 9-6:00. OR 297 Main St., Timberville, (540)896-3048; Hours:

Mon.-Fri. 10-6:00. Vouchers for either store may be obtained at the corps offices: 185 Ashby Ave. 434-4854; Hours: Mon-Fri 8:30AM-4:30PM (closed 12-1:00PM).

**Gift & Thrift Store:** 731 Mt Clinton Pike, 433-8844. Monday-Thursday & Saturday 9:30-5, Friday 9:30-8:00

**Otterbein Methodist:** FREE CLOTHING - 176 W. Market. Mon 5-6:00 434-7747

**Elkton Area United Services Thrift Store:** 218 Spotswood Trail, Elkton, 298-8685. M-Th 10-5, F 10-7, Sat 10-2

**Cedar Grove UMC:** FREE CHILDRENS CLOTHING - 1712 Smithland Road, Harrisonburg, 2nd & 3rd Wed 10-1

**Goodwill Industries:** 2475 S. Main Street, 434-6050 M- Sat 8:00am to 9:00pm and Sunday 12:00 - 6:00.

**Hope Distributed (H'burg First Church of the Nazarene)** 1871 Boyers Rd., FREE CLOTHING: 1<sup>st</sup> & 2<sup>nd</sup> Sat 9-12, 578-3510

**Homes to Homes (H'burg First Church of the Nazarene)** 1871 Bovers Rd.. Supplies/delivers furniture. M-F 9am-5pm. 578-3510.

### Housing Resources, Financial Assistance and Support Services

#### **Supportive and Subsidized Housing**

**Central Valley Habitat for Humanity:** 205 Dry River Rd, Bridgewater VA, 22812 (540)828-6288

**Hope Community Builders:** 289 Jericho Road, Harrisonburg, VA 22801(540)433-0152

**Harris Gardens:** 215 Vine St., Harrisonburg, VA (540)434-6569

**Harrisonburg Redevelopment & Housing Authority:** 286 Kelley St, H'burg VA, 22803 (540)434-7386

#### **Financial Aid**

**People Helping People:** 281 E. Market St. Harrisonburg, VA, Muhlenberg Lutheran Church, Activity Center (540)433-7286.

Mon -Thurs 9:00-11:30, Closed Fridays

**Salvation Army:** Limited Public & Private funding 434-4854

**Elkton Area United Services (EAUS):** 187 W. Spotswood Ave, Elkton, 298-8685 Rebecca Price

#### **Support Services**

**NewBridges Immigrant Resource Center:** General information and legal support for low income immigrants, Monday-Thursday 9-5 by appointment, (540)438-8295, 64 W. Water St, Harrisonburg, VA 22801

**Rebuilding Together of Harrisonburg/Rockingham County:** Home repairs for Low income, elderly, and disabled with children,

P.O. Box 2301 Harrisonburg VA 22803 (540) 830-7759

**Valley Program for Aging Services (VPAS)** Serving individuals 60+ years - case management, meal programs, personal care, senior centers, Medicare counseling, and education about aging services. H'burg office: (540) 615-5341.

**Kingsway Prison and Family Outreach:** Support to, counseling and programs for inmates, ex-offenders and their families.

2217 S. Main St. Duke's Plaza Shopping Center, P.O. Box 2335, Harrisonburg, VA 22801 540-433-5658. Also provides computer assistance. **Does not have housing.** Email: <mailto:kingswayoutreach@hotmail.com>

**VAIL:** Center for Independent Living offers expertise in disability law and accessing community-based services and funding for people with disabilities. 3210 Peoples Drive, Suite 220 (Bus Rt. #4), (540) 433-6513

### Legal Services

**Blue Ridge Legal Services:** Assist low income clients, 204 N. High St. Harrisonburg, VA (540)433-1830

### Department of Social Services

The DSS offers many programs such as food stamps, fuel/heating/cooling assistance, and others. All are eligible to apply 110 N. Mason St, P.O. Box 809, Harrisonburg, VA 22803 Phone: (540)-574-5100 Fax: (540)574-5127 Hours: M-F 8:00-5:00pm