

...sign...
...1 month → ...
...11/97, never reso...
...cipro → ...
...fever → 103...
...week loss per f...
...40 lb wt loss pain in...
...weeks → ...

progress NOTES

VOLUME 5 | ISSUE 7

JULY 2000

THE DEPARTMENT OF INTERNAL MEDICINE | MEDICAL COLLEGE OF VIRGINIA OF VIRGINIA COMMONWEALTH UNIVERSITY

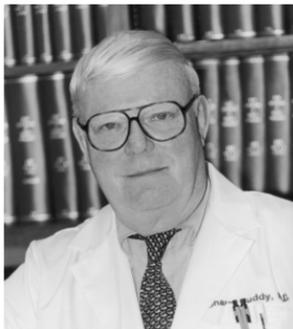
Dr. Shaun Ruddy Retires

Dr. Shaun Ruddy "retired" as Elam Toone Professor of Internal Medicine and Chairman of the Division of Rheumatology, Immunology, and Allergy, on May 11, 2000. The Department is fortunate, however, that he will still be working in the Division on a clinical basis in both the Ambulatory Care Center and Stony Point.

[Dr. Ruddy] is a true example of what an outstanding investigator, clinician, and educator really is.

Several things should be pointed out, especially to the junior faculty members. Dr. Ruddy earned both his undergraduate and medical degrees (cum laude) at Yale University. After medical school, he was a research fellow at the Pasteur Institute in Paris, and then completed a residency in internal medicine and a fellowship at the Brigham Hospital system in Boston. He joined the faculty of the Harvard School of Medicine and rose to associate professor.

A brief history of the Division will help put Dr. Ruddy's career in perspective. Dr. William Branch Porter, the first full-time Chairman of the Department of Internal Medicine, asked Dr. Elam Toone to institute an arthritis program at the Medical College of Virginia Hospitals. The program was begun but was suspended during World War II when he served in the 45th General Hospital of the US Army in Morocco. This unit was composed primarily of MCV personnel. After the war, the program was reinstated and began to train fellows. One of the fellows was our own Dr. Robert Irby. Dr. Irby served as the Chairman of Rheumatology at Walter Reed General Hospital. After army service, Dr. Irby returned to MCV and joined Dr. Toone. The Division grew as new faculty members joined in turn: Dr. Marian Waller, Dr. Franklin Mullinax, and Dr. Duncan Owen. Dr. Toone retired from MCV but then started a program at the McGuire VAMC which is still considered one of the best in the country.



Dr. Shaun Ruddy

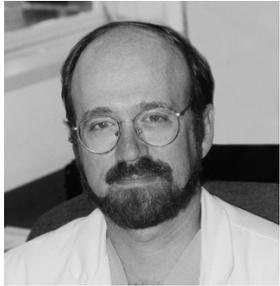
With Dr. Toone's departure, the Chairman of the Department, Dr. Harold Fallon, needed to recruit for his replacement. Dr. Fallon consulted the Division's faculty members who were keen on inviting a bright star who was already internationally recognized: Dr. Shaun Ruddy. Dr. Ruddy was invited to MCV and in due course was offered and accepted the position as second Chairman of Rheumatology.

(continued on page two)

Department Receives New Professorship in Cardiology



From left to right: Dr. Kenneth Ellenbogen, Mrs. Jeanette Lippman, Dr. Hermes Kontos, Mrs. Nancy Kontos, Dr. Mike Kontos



Dr. Kenneth Ellenbogen

Dr. George Vetrovec, Professor and Chairman of the Division of Cardiology, recently announced a new endowment to establish a named professorship in Cardiology. The new professorship is the Hermes Kontos Professorship in Electrophysiology Cardiology. Dr. Kenneth Ellenbogen has been named as the first Hermes Kontos Professor in Electrophysiology Cardiology.

The Professorship was established by Mrs. Jeanette Lippman (who established the Eric Lippman professorship that Dr. Rakesh Kukreja now occupies). Mrs. Lippman was joined by a foundation that requested anonymity, and another anonymous donor to reach the \$250,000 required to establish a professorship. The new endowed Professorship was named the Hermes Kontos Professorship in Electrophysiology Cardiology at Mrs. Lippman's request because she has long been an admirer of his.

Part of the endowment is designated as a research fund.

"I'm honored and incredibly pleased to have this bestowed on me. Absolutely delighted," said Dr. Ellenbogen. "I am quite appreciative of the research portion which will allow me to dedicate more time to research."

Dr. Shaun Ruddy Retires (continued from page one)

We could go on and describe Dr. Ruddy's many achievements in research and education; we could tout his administrative abilities and leadership skills; we could mention offices such as serving as President of the highly esteemed American College of Rheumatology, his work with the American Board of Internal Medicine and the American College of Physicians. We could speak of Dr. Ruddy's developing an enlarged clinical and research program in the Division, and his awards from Virginia Commonwealth University and the American College of Rheumatology. We could mention his textbook chapters and being editor of *Textbook Rheumatology*, and the numerous original published articles. All this would be too lengthy; however, it is a true example of what an outstanding investigator, clinician, and educator really is. One does not find this combination of qualities often.

We will miss Shaun Ruddy wearing his many hats at VCU/MCV. We are happy that he will be with us still in the clinics. Dr. Ruddy deserves a handshake, pat on the back, and rousing kudos for his outstanding activities at our institution, nationally, and internationally.

Contributed by Dr. Duncan Owen

Club Med Receives National ACP-ASIM Evergreen Award

The VCU-MCV Club Med is a medical student interest group associated with the Department of Internal Medicine. In the past few years, the interest group has been flourishing with innovation, creativity, and enthusiasm. In fact, their projects were recently recognized and praised with an Evergreen Award given by the American College of Physicians-American Society of Internal Medicine (ACP-ASIM). The Evergreen Award recognizes and rewards state Internal Medicine chapters for their hard work and achievements in developing and implementing programs that strengthen the chapter and increase member communication and involvement. Over the last two years, structured student activities shifted the interest group to an elevated level of participation, volunteerism, patient care, teaching, mentoring, and public promotion. Some of the goals achieved included:

- Volunteerism projects such as a Soup Kitchen at the local Hospitality House, work at the Fan Free Clinic providing patient care for underprivileged patients, and HIV screenings;
- Summer clinical internship experiences pairing up Internal Medicine faculty with second-year students;
- An Internal Medicine Resource Guide that was developed and provided to all medical students;
- A formal social event that was organized and provided mentoring and networking of students, housestaff, and over 150 Internal Medicine Faculty;
- Monthly luncheons with Internal Medicine interest groups. Interest group branches included Women's Health, Geriatrics, Infectious Diseases, and Alternative Medicine;
- A web page for the club that was developed, as well as a quarterly newsletter to update luncheon schedules, upcoming projects and meetings, and resource information.

Lisa Ellis, a VCU-MCV rising fourth-year student, is the Virginia Medical Student Representative to the ACP-ASIM and was appointed by the Virginia Council to write the award nomination and provide details regarding the Club's activities and projects. The Evergreen award announcement was made recently at the ACP-ASIM National Conference in Philadelphia. At the Conference, the ACP-ASIM Club Med at the Virginia Commonwealth University-Medical College of Virginia was praised for setting a precedent for the capabilities and expectations for student interest groups across the country. The award provides the group well-deserved recognition for their success and enthusiasm.

Clinical Activities: Letters

Dr. Mitch Shiffman received the following letter:

I wanted to drop you a quick note to express my sincere gratitude to you and your colleagues, in particular, Dr. Sanyal, for all your help in the recent months taking care of [my patient]. Special kudos also for your coordinator, Ms. Diane Hudson, who was very pleasant and instrumental in getting [my patient] into your program. I can tell you that the family is extremely pleased with you, your colleagues, and the entire MCV Hospital program. They have only wonderful things to say about their experiences there. I also appreciate all your letters and keeping me well informed.

Dr. Alvin Zfass received the following letter:

Please accept this letter as a measure of my gratitude for the immediate diagnosis and quality care you provided to me last week. After a significant incident, I needed to get medical treatment without losing too much time on my legislative duties. In one day, from my first phone call to VCU, you and your staff gave me the most courteous and professional medical care I have ever received. VCU's Medical College of Virginia has a national reputation for excellence, with world-class doctors. We in the General Assembly are lucky to be under the care of doctors like you, and I can now testify to that personally.

Progress Notes is published monthly by the VCU Department of Internal Medicine.

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